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Total inner freedom to create 'you' ...

@@@ Can You Re-imagine Depression? @@@

I feel that every day now you're struggling with a low energy level, and with feelings of utter helplessness. It's like it's not worth getting out of bed and making a start for the day. Nothing good's going to happen - ever! You feel mental pain that becomes a real physical pain, in your tired legs, your arms and your whole body. It is pain.. I have been there, too. I feel for you and I know a bit of what you're going through.. But there IS HOPE. Just as the sun breaks through clouds, as the first twinkling of the stars at night...there is HOPE and there is a kind of universal love, too ... I can solve your problem. I'll help you fix it, if you'll let me. I KNOW you don't want to stay stuck like that. Part of you will rebel. Who're you? Who do you think you are? Why do you wanna help me? What's in it for you?

Let me tell you a story.

I was a shy, over protected kid. I came to realize that I suffered from a ton of anxiety, and yes, bouts of depression, too. What did I decide to do about it? I set out from the age of 18 to study every single thing I could about psychology. I'm no shrink. I wouldn't even want to be one. I had a longing desire to be a writer. Even from my early teens. I wrote. But on the outside, people saw me as withdrawn and unsociable. Never quite fitting in or conforming ...

Fast forward half a Century. All that time learning, absorbing, putting the jigsaw pieces together... I had discovered hypnosis and meditation, even learning *how to re-train the brain with vibrations*, with music, with dance and art.

Learning skills for fifty years gets you into a GOOD place. Some say that *everything is actually self-hypnosis*.

It's like we are looking into a mirror and when we talk to someone, we are kind of giving ourselves tips and guidance on the best steps to take, **forward steps** *into a more exciting future*. A future filled with pride, joy, sheer bliss and deep satisfaction; though one that is balanced with the pains of guidance, and moments of frustration and disappointment.

We finally learn to become persistent, relentless and *maybe even unstoppable*. The future is exciting and something wonderful's going to happen! You can do magic...because the Greatness In You is going to emerge in 10 minutes.

Keep listening to my voice...you are utterly UNIQUE and you don't have to explain, justify, excuse anything to anyone. It is YOU. I am me. Your fears of self, of weakness, powerlessness and hopelessness are unreal. IMAGINARY. Release them now. GONE.

Be still, be empty... be nothingness, nothing to defend and LOVE will return to you because Love is in our Nature, from the tiniest electron dancing around a single atom to the mighty gravity that holds our planets around the sun, LOVE is binding all together, exactly as the parts of you are now tightly bound together, YOU are One.

Did you see what I did there? *Re-imagining you*. Re-inventing you. I suggested a very clear new picture. An image of you created... as we work together to fix this problem for GOOD.

We create in total freedom. Freedom- where all worries, all anxieties, all fears, are replaced by pure LOVE.

You were - in the PAST - imagining yourself as worthless, hopeless and powerless...

NOW - in the PRESENT - 'less' becomes 'full,' and you can easily imagine yourself as being HIGHLY WORTHY, 'HOPE-FULL,' and 'Power-FULL.'

Imagine that: It's a moment of pure magic, as you can now CHOOSE to see yourself in a new light: *'The power of positivity.'*

IF one comes to change one's view of oneself, then the new behaviour would indeed be 'making' (creating) a 'new identity...' Now YOU must carry this forward into 2021, 2025 and longer, with accountability to YOURSELF.

You are responsible for building this new picture of YOU, this new building--brick by brick. Step by step, you're going to feel joy, bliss, elation, pride, pleasure and satisfaction with your new work of art...which is your new IMAGE of YOU - so dress it up, celebrate it, dance to it, get sociable, get positive, get moving, get involved...

You can do it in a split-second--when you REALIZE it.

You have unleashed The Greatest Love Of All. Thanks Whitney H., thanks George B., I love you. I appreciate you and I'm proud to be on this planet during your sacred, awesome lifetime(s).

NOW you've just *realized it!*

This is the TIME of Your Life.

I now want you to get VERY CLEAR about what you **want** to DO with your precious, sacred lifetime.

You are the writer of your life's script

Over to you.

Endless love,

Geoff Dodd Author

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THANK YOU

P.S. You are invited to join me in my best, **most rewarding** Internet operation ever: MMS-700K, a Marketing Super Funnel where you are offered **FREE ENTRY** here because of your association with me, Geoff Dodd, Author, of New Zealand.

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